

A GOOD START

OUR GRANOLA

Maple syrup | Low fat yogurt
Honey (D-N-V)

45

POACHED RHUBARB AND BERRIES

Watermelon | Hibiscus syrup | Muscovado sugar
Mint leaves | Low fat yogurt | Sesame seeds (D-N-V)

35

MORNING BAKERY

Croissant | Muffin | Danish | Toast
Butter | Honey | Jams (D-G-V)

35

ARABIC HERITAGE

Shakshouka | Labneh | Foul madamas | Halloumi | Olives | Tomato
Cucumber | Fresh mint | Hummus | Arabic flat bread (D-E-G-V)

40

PANCAKES

Traditional or Grilled pineapple or No gluten
Muscovado berries | Vanilla cream | Maple syrup (D-E-G-V)

35

SOME BREAD

BACON & EGG BAGUETTE 🍳

Pork back bacon | Fried egg | Mayonnaise | Tomato (D-E-G-P).....45

THE ITALIAN

Focaccia | Pork mortadella | Salami negro | Olive salad

Smoked provolone cheese (D-G-N-P).....45

BLACK PUDDING ON TOAST

Black Pudding | Avocado | Lettuce | Tomato | Fried egg (E-G-P).....45

GRILLED PANINI

Turkey ham or Pork bacon or Smoked salmon

Cheese | Tomato | Onion | Spinach (D-G-P).....40

SPIKES SPECIALS

GOLFER'S BREAKFAST 🍳

Two eggs cooked any style | Pork bacon | Pork sausage | Black pudding

Grilled tomato | Hash browns | Sautéed mushroom | Baked beans

Toasted country bread (D-E-G-P).....55

SPIKES BREAKFAST

Two eggs cooked any style | Roasted tomato | Sautéed mushroom

Turkey ham | White or brown toast | Butter | Honey | Jam

Fruit salad | Yogurt (D-E-G).....55

EGG SPECIALTIES

EGGS BENEDICT

Choose one of the following (D-E-F-G-P-V).....45

- Spikes Benny - Honey roasted pork ham | Poached egg | Hollandaise
- Salmon - Poached egg | Smoked salmon | Frisee leaves
- Our Florentine - Creamed spinach | Pecorino | Poached egg

TWO FREE RANGE EGGS ANY STYLE

Scrambled | Fried | Boiled | Poached | Grilled tomato | Mushroom | Hash brown | Sourdough (D-E-G-V)40

OMELETTES

Choice of whole egg or egg white | Capsicum | Onion | Tomato | Mushroom | Cheese | Turkey ham | Smoked salmon | Chili (D-E-G).....40

CHORIZO BAKED EGGS

Chorizo | Bell peppers | Tomato | Truffle oil | Toasted baguette (E-G-P)40

GRILLED ASPARAGUS AND POACHED EGG 🍳

Asparagus | Poached egg | Greek feta | Sun dried cherry tomato | Oregano (D-E-G-V)45

STEAK AND EGGS

Slow roasted striploin | Fried egg | Chimichurri | Sour dough | Steak butter (D-E-G)45

SOME SIDES TO ADD

Pork streaky bacon (P) | Pork back bacon (P) | Smoked salmon (F).....25

Turkey ham | Grilled tomato | Beans | Hash brown | Mushroom (G) | Avocado | Asparagus.....20

ENERGY BOOSTERS

PINK PURIFIER.....25

Beetroot, apple, carrot and ginger packed with iron, vitamin A and vitamin C. Powerful liver cleanser and immune system booster also improves blood flow and healthy respiration.

VITAMIN C.....25

Pineapple, lemon and orange. All the vitamin C you'll need, with manganese, a critical mineral for strong bones and muscle tissue. Pineapple also aids digestion.

VITALITY.....25

Strawberry, orange and apple. A powerful anti-inflammatory and anti-oxidant, which is also high in fibre, vitamin C.

FRESH JUICE.....25

Orange | Carrot | Pineapple | Green Apple | Grapefruit | Watermelon

BEVERAGES

TEA18

English breakfast | Earl Grey | Jasmine needle | Green tea

Moroccan nights | Chamomile breeze

COFFEE

American | Decaffeinated.....18

Cappuccino | Café Latte | Espresso | Turkish.....22

HOT SPECIALTIES22

Flavoured latte - Vanilla | Caramel

Caramel Macchiato - Espresso | Milk Foam and Caramel Topping

HOT CHOCOLATE.....22

ICED TEA OR COFFEE.....25

Lemon | Peach | Cranberry

WATER

Local.....12 / 18

Voss Still / Sparkling.....20 / 30



BEST SELLERS

(D) dairy product, (E) egg, (F) fish, (G) gluten, (N) nuts, (P) contains pork, (S) seafood, (V) vegetarian

STARTERS

Vietnamese Spring rolls - rice noodles Thai basil (V)	35
Sailor's Basket 🍷 - battered calamari mussels prawns Haddock fish zucchini carrots (D-S-G-F)	50
Tuna Marinated – tuna seared shallots garlic slices dill red vinegar cilantro leaves (F).....	40
Chicken Wings – BBQ buffalo honey chili choice (G)	50
Prawns & Cream - lobster bisque basil (S-D-F)	40
Seafood Soup – carrot jus cardamom lemon mussels prawns squid (S-D)	40

SALAD BAR

CAESAR SALAD 🍷 – Romaine anchovies parmesan croutons Caesar dressing (D-F-G)	50
With chicken	55
Cobb Salad – Romaine grilled chicken bacon (contains pork) or veal bacon egg cherry tomato blue cheese Cobb dressing (D-P-E-G).....	55
Hot and Sour Thai Beef Salad - loin young cos powdered rice lemongrass (F).....	50
Greek Salad – Feta black olives fresh & dried oregano cucumber cherry tomato red onions capsicum (D).....	45

SANDWICHES

Mexican Chicken Wrap – flour tortilla cilantro capsicum red onion sour cream pico de gallo guacamole spicy choice (G-D).....	60
Ham Sandwich (contains pork) - candied onions leaves aioli cheddar black pepper baguette fries (D-G-P)	70
Spikes Lobster Club – lobster aioli mint tomato relish streaky (contains pork) or veal bacon avocado potato salad (S-G-P).....	90

PASTA

Spaghetti Alla Chitarra beef ragout tomato sauce parmesan (G-D)	60
Linguini lobster prawns asparagus garlic butter chili flakes truffle oil (S-D-G).....	65
Raviolacci – Porcini mushrooms Tomato sauce capers basil Kalamata olives cherry tomato feta (D-G-V).....	65
Capelli – pumpkin, walnuts & blue cheese Vegetable stock parmesan flakes flat mushrooms wilted garlic (D-N-G-V).....	65
Gluten free Spaghetti & Penne on request	

PIZZA

Margarita – tomato sauce mozzarella Buffalo cheese basil (G-D).....	50
Meat Lovers - tomato sauce mozzarella Pastrami (contains pork) honey pressed ham (contains pork) mortadella (contains pork) (G-D-P).....	70
Seafood 🍷 - tomato sauce mozzarella prawns tuna squid garlic & parsley oil chili flakes green chili (G-D-S-F).....	70
Vegetarian - tomato sauce mozzarella grilled vegetables artichokes arugula (G-D-V).....	55

GRILLS

TENDERLOIN WAGYU AUSTRALIA 🍷 MR6 200 grs.....	195
Strip loin Wagyu Australia MR6 250 grs.....	175
Lamb Chops Welsh 3 Bones.....	150
Salmon Norwegian skin on 150 grs (F).....	80
Seabass Mediterranean skin on 225 grs (F).....	120
Cod Atlantic skin on 200 grs (F).....	95
Tuna Saku skinless 200 grs (F).....	105
Organic Chicken Breast free range 200 grs.....	90

{ SAUCES }

chimichurri | lemon butter (D) | garlic charred & chili oil
| peppercorn | Romaine tomato & basil

{ SIDES }

mashed potato (D) | sautéed spinach & garlic slices
| steamed vegetables | country salad | mix of mushrooms | fries.....

20

BURGERS

SPIKES 🍷 – prime Angus beef smoked cheddar tomato relish fries (G).....	75
BLUE – prime Angus beef Stilton arugula candied onions mayo fries (D-G).....	75
PULLED PORK – (contains pork) apple slaw gherkin relish smoked cheddar fries (G-P-D).....	75
KING MUSHROOM – mix of mushrooms lemon basil avocado fries (G-V)	70
CHICKEN & AVOCADO – chicken breast aioli tomato relish avocado fries (G).....	70

{ EXTRA SIDES }

Bacon (contains pork) | turkey bacon | fries | smoked cheddar (D)
| blue cheese (D) | avocado

20

MAINS

Fish and Chips – mushy peas chunky fries tartar sauce lemon (G-E-D-F).....	70
Baby Back Ribs (contains pork) – roasted garlic and honey BBQ sauce country salad (P-D).....	80
Veal Escalope – lemon skin parmesan charred baby potatoes country salad (G-D)	90
Crispy Duck Soup – chicken stock Udon noodles cilantro chili red onions ginger duck breast (G-light spicy).....	50
Nasi Goreng 🍷 – fried rice prawns crackers fried egg chicken & beef satay (S-E-Spicy).....	65
Butter Chicken – Biryani rice papadum raita pickles chutney (D-G- medium Spicy).....	65

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